

# The Pooh Bah Times



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## NEUTROG'S MARCH 2020 NEWSLETTER

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Hello to our Pooh Bah members and welcome to our March newsletter.

Well, what a summer that was! We've had an extraordinary last few months - bushfires, drought, floods, hailstorms, unprecedented hot weather - no doubt most of us are looking forward to the autumn weather coming our way, and that it's finally cooling down.



For those of you who are reading a forwarded copy from a friend, we trust you enjoy our newsletter. If you do, make sure you sign up to become a Pooh Bah Club member on our website [www.neutrog.com.au](http://www.neutrog.com.au) (it's free to join, and we won't bombard you with emails).

March in the garden is a great opportunity to revive any heat or sun-stressed plants (keep your eye out for the '*Reviving Stressed Plants*' article below). It's also a great time to divide perennials such as artichokes, rhubarb, oregano, thyme and ginger. For best results, prepare the soil with some Seamungus, and replant when you know there's a cold spell on the way. The combination of warm soil and cooler air will give them the best chance to settle in. Don't forget to water in with GOGO Juice.

As your summer veggies finish up, why not plant a green manure crop? Cool or cold season crops include fava beans, broad beans, tick beans, fenugreek, lupins, oats, subclover, yellow and black mustard seed, wheat and barley. Warm season crops include buckwheat, cowpea, French white millet, Japanese millet, marigolds, mung bean and soybean. Simply rake the bed, spread the seeds on the soil surface and rake again to lightly cover. Water in with liquid Seamungus or GOGO Juice and keep the bed moist until germination, then water regularly until the plants reach about knee height. At this point they can be chopped down and dug back into the soil, providing valuable organic matter.

There's an old saying that bulbs (and sweet peas) should be planted on St Patrick's Day (March 17), but if you're a bit late it won't matter. Try to have planting finished (except tulips) by mid-April or a couple of weeks earlier in colder regions. Flowering bulbs to plant now include daffodil, jonquil, freesia, ranunculus, anemone, crocus, hyacinth and muscari (grape hyacinth). Tulips should be planted in May, but make sure you've had them in the bottom drawer of your fridge for 4-5 weeks beforehand. Veggies to plant now include radishes, broad beans, strawberries, winter lettuce, onion, spinach, cabbage, cauliflower, broccoli and broccolini.

Top up your veggie patches, herb gardens and ornamental beds with Whoflungdung – it is especially important for weed suppression at this time of year. It's also time to feed your roses and other flowering plants with Sudden Impact for Roses before winter kicks in.

In most climates it's a little dangerous to do any heavy pruning, as any early frosts can burn new growth. If you live in the tropics it's best to wait until April, as the humid weather can increase a risk of disease where your pruning cuts are.

March is also a good time to give your citrus trees a boost with some Gyganic for Veggies, Fruit & Citrus. Water in well with GOGO Juice, and cover with a layer of Whoflungdung. Be sure to watch the video below with citrus expert Ian Tolley and his recommendations on watering, feeding and mulching fruit trees.

We always look forward to connecting with you about what's happening in our garden world, and we love receiving your feedback, so please don't hesitate to send us an email or comment on our social media pages.

Additionally, if you have any garden photos to share, send them to [marketing@neutrog.com.au](mailto:marketing@neutrog.com.au) and we can share them with everyone. We trust you enjoy our newsletter.

We never have enough room in our newsletters to share all of our inspirational stories and tips from our gardening community, but they do appear on our Facebook and Instagram pages regularly...why not join us there?

Happy gardening,  
The Neutrog team.

## Coming up

- Growing great veggies - Keith Edwards
- This month in the Rare Fruit Arboretum
- Preserving Heritage Fruit Trees
- Ian Tolley video - How to water, feed & mulch fruit trees
- The Expert's Choice - Flemington & National Rose Trial Garden
- Neutrog in Vietnam
- Reviving Stressed Plants
- Research and Development - Fungi for Plant & Soil Health
- Loftus Fire Brigade & the Firefighter Rose
- Turf Talk
- Product of the Month - Strike Back for Orchids
- Year Round Fertilising Programme



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# Growing great veggies

With 40 years' experience in the landscape/gardening industry, Keith Edwards has designed some of the largest landscape displays at the annual Melbourne International Flower & Garden Show. He also designed the planter beds and grazing tables at the Schromburg Pavillion at the Adelaide Botanic Garden with ModBox raised garden beds.

These days, Keith's focus is designing both residential and commercial gardens through his own business 'KE Landscape Consultant'. He posts regularly to his Instagram page [@ke\\_landscape\\_consultant](#) to help gardeners with all levels of skill with seasonal garden tips.



*Keith's productive veggie garden in his suburban backyard*



*"With a suburban garden and a backyard of just 250 sq.m, productivity became my prime aim" said Keith. "I've planted over 80 different varieties of fruit trees, as well as grape, passionfruit and hop vines, rhubarb beds, blackberries, herbs, ornamental hedges, lawn and raised veggie beds. I use GOGO Juice to inoculate the BioChar to add microbial content in the veggie garden, and Seamungus is added to the soil to further the organic content. I then apply Gyganic for Veggies, Fruit & Citrus. I also use Whoflungdung with great success".*



*Left: Tamarillos. Right: Capsicum mulched with Whoflungdung.*

Keith says that growing your own fruit and veggies is the most important thing that you can do for your family, the environment and your own health and well-being. *"It's a documented fact that the fruit and vegetables we buy from the supermarket or our local fruit and veg shop contain only 20% of the nutritional value of the food that was consumed by our grandparents, which has been brought about by the use of chemical fertilisers, herbicides and pesticides by most of our market gardeners"* said Keith.

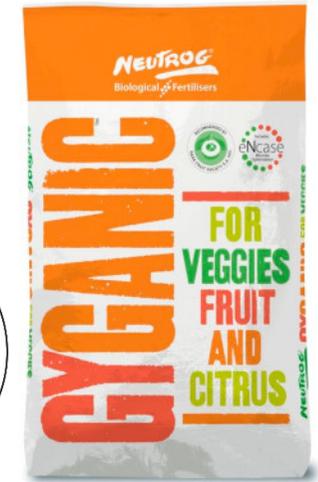
Keith can personally work with you to design your garden and understand your needs. With a wealth of knowledge, experience and passion, he can guide you through the entire process of design, planning and construction.

For more information visit [www.keithedwards.com.au](http://www.keithedwards.com.au)

**About Gyganic for Veggies, Fruit & Citrus** - Specifically developed to enhance fruit size, quality and taste, Gyganic for Fruit and Citrus is a premium organic based, chemically boosted complete fertiliser with the full range of nutrients in an organic form, coupled with boosted levels of nitrogen, phosphorus, potassium, iron and magnesium.

Gyganic's unique organic base of manure, humates and rock phosphate have been composted and blended with the biologically active GOGO Juice containing kelp and seaweed – producing a very nutritious organic base product high in organic carbon.

Following extensive trials by members, Gyganic for Fruit and Citrus is now recommended by the Rare Fruit Society of South Australia. This endorsement provides gardeners with the confidence to use and recommend Gyganic.



## This month in the Rare Fruit Arboretum

This month in the Arboretum we are applying Gyganic for Veggies, Fruit & Citrus to all of the trees, along with an application of GOGO Juice. Members of the Rare Fruit Society will be removing any autumn weeds and getting the ground ready for an application of Whoflungdung in late autumn/early winter.

**About the Rare Fruit Arboretum** - the establishment of the Rare Fruit Arboretum at Neutrog's Kanmantoo site is a joint venture between Neutrog and the Rare Fruit Society of South Australia.

Nearly 500 rare and endangered fruit trees have been planted, including apples, pears, peaches, nectarines, figs and quinces.



Along with helping to ensure their preservation, Neutrog uses the trees to carry out fertiliser and biological application performance trials, as well as researching the microbiology in and around the root zone of each species, and determining their optimum nutritional and biological needs. One such product used in the Arboretum is Gyganic for Veggies, Fruit & Citrus, which was developed in conjunction with the Rare Fruit Society.

# Preserving Heritage Fruit Trees

A number of the Rare Fruit Society of South Australia members have significant collections of fruit tree varieties on their own properties, however an issue arises if the properties are sold, as the collections can sometimes be lost. Preserving these endangered fruit species was one of the reasons that the Kanmantoo Arboretum was established.

Some years ago, members of the society established an orchard on privately owned land south of the Adelaide Hills in Kangarilla. Over 150 varieties of apples were planted there – the majority being Heirloom varieties.

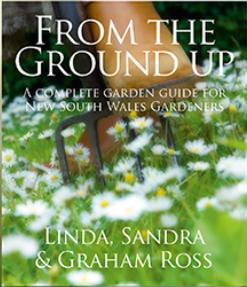
A few years later the owners placed their property on the market, and as the society were keen to keep the collection, it was agreed to relocate as many varieties as possible to the Kanmantoo site. The relocation was done by taking scion wood cuttings from Kangarilla, grafting them onto apple rootstock and then planting at Kanmantoo. Many of the plantings at Kanmantoo are from private collections, including a large collection from a former member in the Barossa who had passed away, and his property was subsequently sold. Over 200 different varieties of apples were successfully relocated to the Kanmantoo Arboretum from these two properties alone.

The Stayman-Winesap apple (*pictured above*) was one variety that was relocated. This is a cross between a Stayman and a Winesap apple, and the combination of the two strains produces an apple of exceptional eating quality with a tart, rich, wine-like taste. Some even say it smells like cinnamon. This variety was first raised by Dr Stayman in Kansas in the 1860s. The skin is subject to cracking from environmental conditions, which has discouraged commercial production. As it will bloom slightly later than many other varieties, it is suitable for frost-prone areas.



In the video above, renowned citrus expert Ian Tolley talks to Kim Syrus from Outdoors Indoors about the best way to water, feed and mulch your fruit trees and why. Just click the image to play, or visit [neutrog.com.au/video-gallery](http://neutrog.com.au/video-gallery) to view.

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Neutrog have a limited number of the NSW edition 'From The Ground Up' gardening books on offer for Mother's Day for just **\$19.95 with free postage!** (normally \$49.95 plus postage).

Written by Linda, Sandra and Graham Ross, 'From The Ground Up' is a complete and comprehensive garden guide specifically developed for all NSW gardeners, from novices to experts.

Packed full of magnificent photographs, it allows you to visually identify everything from the best plants for your garden to the pests and diseases causing your plants grief.

Visit [www.neutrog.com.au](http://www.neutrog.com.au) to purchase via the [online store](#). Offer ends 8th May 2020.

NATIONAL ROSE TRIAL GARDEN OF AUSTRALIA INC

You're invited to vote on your favourite rose at the

**NATIONAL ROSE TRIAL GARDEN OF AUSTRALIA'S  
PEOPLE'S CHOICE PUBLIC JUDGING EVENT**

Saturday 4th & Sunday 5th April 2020, 10am - 4pm  
at the National Rose Trial Gardens, Adelaide Botanic Gardens  
Free event - all welcome!



# The Experts Choice

## Flemington Racecourse

Michael Ryan, Senior Manager of Grounds and Garden at the famous Flemington Racecourse has a message for anyone that grows roses. *"It's that time of year again to feed your roses with Neutrog's Sudden Impact for Roses"* he says. *"They love it here at Flemington!"*

## National Rose Trial Garden

Volunteers at the National Rose Trial Garden of Australia have completed mulching the first-year roses that are under trial from 2019 to 2021 with Whoflungdung.

*"All of the roses in the trial garden have now been mulched with Whoflungdung and are growing very well"* said Chris Kelly, NRTGA Secretary. *"Together with monthly feeding of the roses with Sudden Impact for Roses liquid being applied through fertigation, the roses are looking excellent with good scores being recorded on their assessments"*.

The National Rose Trial Garden of Australia was established to trial roses not yet commercially released in Australia - be they bred in Australia or overseas. For more information about the National Rose Trial Garden, visit [www.nationalrosetrialgarden.net.au](http://www.nationalrosetrialgarden.net.au).



National Rose Trial Garden volunteers spreading Whoflungdung



Roses bordering the Makybe Diva statue at Flemington.



# Neutrog in Vietnam

Vietnam stretches 1,650 km from north to south and is only 50km wide at its narrowest part. Over 70% of the population of over 92 million live in rural areas and derive their livelihoods from agriculture production.

Over a number of years, Vietnam's agriculture production has made significant improvements, contributing to national food security, economic development and the reduction of poverty. Cropping accounts for more than 50% of the agricultural sector, and rice is the major crop.

As a result of several land reform measures, Vietnam has also become a major exporter of agricultural produce. It is now the world's largest producer of cashew nuts and black pepper, and the second-largest exporter of rice and coffee.



Left: Anh supervising a tea trial with Bounce Back. Right: The Vietrade office in Vietnam.

There are a number of difficulties facing Vietnam as they manage their limited land resources. As fertiliser needs increase, the government has encouraged farmers to use organic fertilisers to improve agronomic practices and management. Flowing on from these measures and after a mandatory trial period, Bounce Back was approved for use in 2005, and the following year Rapid Raiser, Blade Runner, Upstart and Kickback were also approved. The approval process is both rigorous and lengthy.

Nguyen Tien Anh from Vietrade is Neutrog's exclusive agent in Vietnam. Based in Ho Chi Minh City, Vietrade is a family business with a large network of agents who distribute Neutrog products into urban and rural areas all over the country. These are used to grow organic rice, coffee and tea, rubber trees, vegetables, flowers and fruit trees.

Over the past ten years, many farmers and growers have been introduced to Neutrog products via Anh and his agents at seminars, trade fairs and through trials carried out on various crops by research centres in a number of key provinces. "All of the Neutrog products have proven themselves to be products of quality and bring many benefits to farmers, as well as the environment. They have shown the remarkable ability to make the soil more fertile" said Anh.



2019 was the hottest year on record for Australia, with the temperature reaching 1.52C above the long-term average. There's no doubt it's been a very tough year on plants, so now is a good time to talk about how to get them looking their best again.

Although, there has been some rain, you still need to keep up the moisture. It's also important to give them a gentle feed. Unfortunately, many people think they should feed a struggling plant heavily at this time of the year, simply because it looks a little sick, has burnt leaves or has dried out due to a lack of moisture.

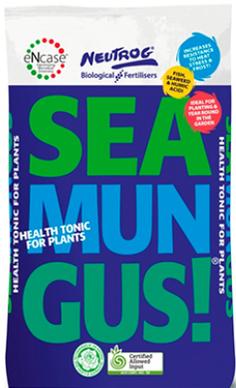
Unfortunately, heavy fertilising encourages a lot of rapid new growth (particularly if the nitrogen level is high), and this leads to a large increase in leaf area. This new growth may not be hardy enough to survive another hot weather event, and as the plant is already stressed, the roots may not be able to support the new growth. This is because a plant can only carry as many leaves as the root system is capable of providing nutrients and moisture for.

During hot and dry conditions, the plant has most likely lost some of its root system unless you've kept up with mulching and watering. By giving your stressed plant a gentle feed now, it allows the roots to keep up with the new above-ground growth. As plants use their reserves of nutrients to come back from stress and young growth can get burnt or dehydrated due to excessive growth, then the plants often don't recover a second time.

[Seamungus](#) is an ideal recovery fertiliser, as the level of nutrients is sufficient for the plant to put on new growth without disproportionate amounts of nitrogen. Seamungus contains composted seaweed which stimulates root development – this is essential for the recovery process. In addition, Seamungus has a great water-holding capacity (it can retain up to 70% of its own weight in moisture), whilst also helping to eliminate some of the non-wetting properties many soils have after summer.



*An example of a healthy root system*



Amongst other natural plant growth hormones, Seamungus also contains the amino acid Tryptophan which is required in the synthesis of the plant growth hormone indole-3-acetic acid, which enhances root growth, photosynthesis and plant metabolism. By enlarging the root system of your plants, they will have better access to nutrients, an increased resistance to heat and drought stress, enhanced disease resistance and better flowering.

So whilst there is still a chance of some hot weather throughout March, reviving your stressed plants with Seamungus makes a lot of sense. We call it a soil conditioner because that is exactly what it does – it just brings your soil back to life. Plants love it and the soil microbes get stimulated by it.

# Research and development

## Beneficial fungi for plant and soil health

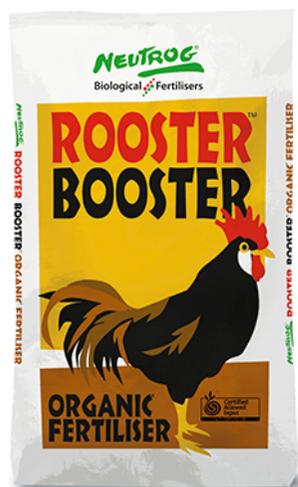
Did you know that fungi in the soil helps bacteria to maintain plant and soil health?

Not only do fungi transfer signals and nutrients between plants, but they also interact with bacteria in the soil. Fungi are good at living and growing in drier conditions, but these conditions are not ideal for bacteria, as they like a bit more moisture. However new research shows that a number of soil fungi can transfer water, carbon and nitrogen to certain bacteria.

Bacteria can also actively protect plants from attack by pathogens. This protection is obviously critical in times of plant stress where they are more susceptible to attack.

One species of bacteria which can be fed by fungi are the Bacillus species. These bacteria form spores to survive harsh conditions, and the fungi wake up these spores by providing them with water and nutrients. Importantly, the Bacillus species are known not only for their role in phosphate liberation and such, but they are also biological control agents, and are therefore involved in protecting plants from pathogen attack.

So even though we don't know the full extent of which fungi and bacteria interact together, having a diverse community in your soil is a great insurance policy. This is why we ensure that products such as Rooster Booster, GOGO Juice, Rapid Raiser and Bounce Back (which are teeming with beneficial microbes) will give you the best chance of success to help your plants in dry conditions. Products such as these give you a level of security or insurance by keeping that microbial diversity as high as possible.



Rooster Booster is a unique blend of the highest quality composted raw manure, specifically formulated for the most effective and safe feeding of all your garden plants. It promotes natural healthy plant growth - essential plant nutrients are released slowly into the soil, stimulating microbiological activity making further nutrients available to the plant.

Rooster Booster also helps the development of healthy well-structured soils. It promotes microbial and earthworm activity which bind soil particles together to improve soil structure and tilth. Better soil structure allows roots to grow unrestricted in a nutrient rich environment.

Rooster Booster includes **eNcase** - eNcase contains a wide diversity of beneficial bacteria, which when applied, enhance and stimulate many of the natural functions that occur in the soil such as aiding in breaking down organic matter, withstanding heat and moisture stress, and acting as a deterrent against pests and disease. It is manufactured from composted poultry manure – one of nature's oldest and most natural fertilisers. Exclusive to Bunnings, Rooster Booster is 100% certified organic.

eNcase<sup>®</sup> |  Optimising  
Microbial  
Diversity

# Neutrog TV, Radio & Video

Listen to Neutrog's Microbiologist, Dr Uwe Stroehrer as he dishes the dirt on gardening and soil microbiology on radio.

This month, Uwe discusses how to provide adequate nutrients for your veggies - [click here to listen](#) or visit [neutrog.com.au/video-gallery](http://neutrog.com.au/video-gallery).

Neutrog's Microbiologist Dr. Uwe Stroehrer talks garden biology on radio



Providing adequate nutrients for your vegetables



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Over the years Neutrog has collaborated with many plant societies that have trialed and subsequently endorsed some of our products. These product endorsements provide retail staff and home gardeners with the confidence to use and recommend Neutrog products.

With a combined membership base of over 10,000, some of these endorsing societies include the Rose Society of South Australia, the Orchid Club of South Australia, the Orchid Society of Western Australia, the Rare Fruit Society of South Australia, Camellias South Australia, Camellias Illawarra, the Cymbidium Orchid Club of SA, the Cymbidium Club of Australia, the Cymbidium Orchid Society of Victoria, the Cymbidium Orchid Club of WA, the Australian Rhododendron Society (SA branch), the South West Rose Society, the National Rose Society of Australia, Heritage Roses in Australia, the Rose Society of WA, the Rose Society of NSW, the Rose Society of Victoria, the Queensland Rose Society and the Australian Plants Society of Victoria.

## BUSH TUCKER

"Whilst native plants are great survivors in the garden, regular feeding helps them to thrive and reach their full potential. The benefits of doing so are not only enjoyed by yourself, by insects, bees and birds, but perhaps more importantly the environment benefits - the greater the plant growth, the more carbon is captured". *Angus Stewart*



## Loftus Fire Brigade & the Firefighter Rose

President of the Rose Society of NSW, Colin Hollis recently assisted the Loftus Volunteer Bushfire Brigade with planting the aptly named "Firefighter" rose - a Hybrid Tea variety which produces long stemmed, intensely fragrant blooms of cut flower quality.

The Firefighter rose was commissioned in 2001 after the World Trade Centre tragedy of 9/11, and is planted at the memorial as remembrance to the 343 firefighters that died in the tragedy. It was released in Australia by Swane's Nurseries in 2009, and planted as a memorial of the Black Saturday fires. It has also since been planted in tribute at Government House in Sydney and the Peace Park in Kiama.



The Firefighter rose was a bronze medal winner at the 2008 National Rose Trial Garden Awards. It has blood red double flowers and dark green shiny foliage, and was bred by Orards in France and exhibited at the National Rose Trial Garden of Australia by Swane's Nurseries.

The Rose Society of NSW Southern Sydney Regional members were closely involved in the planning, and will look after the roses at the station. Neutrog were honoured to be part of this presentation, and provided Seamungus and GOGO Juice to assist in the planting. Neutrog will continue to be involved through the Southern Sydney Rose Society, and Sudden Impact for Roses will be used to promote the growth and development of these beautiful roses in the future.

The Loftus Brigade is located in the Sutherland Shire in Sydney's south. As well as suppressing bushfires, the brigade regularly attend a wide variety of other incidents. They are always looking for new members - for more info, visit [www.loftusrfs.org](http://www.loftusrfs.org).

**About Sudden Impact for Roses** - ideal for all flowering and fruiting plants (not just roses), Sudden Impact for Roses combines the best of both worlds. Its organic base provides a full range of plant nutrients in a slow release form, whilst the carefully selected water-soluble nutrients have been added to maximise the performance of each application.

Sudden Impact for Roses is endorsed and recommended by the Rose Society of South Australia, the South West Rose Society, the National Rose Society of Australia, Heritage Roses in Australia, the Rose Society of WA, the Rose Society of NSW, the Rose Society of Victoria and the Queensland Rose Society.



# Turf Talk

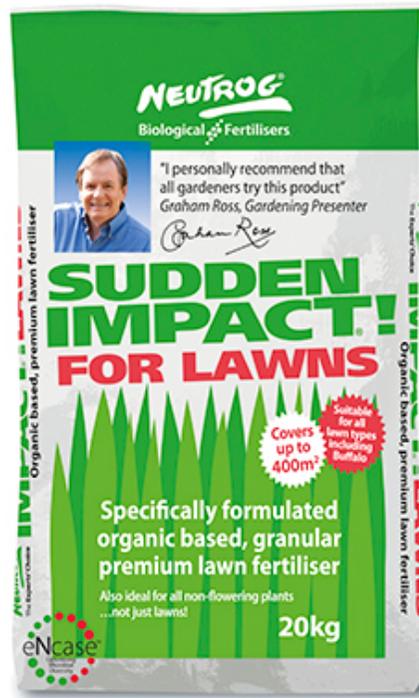
Wow...look at this amazing lawn! Suzanne Jarvis, Secretary of the Rare Fruit Society of South Australia has been feeding it with Sudden Impact for Lawns (right).

*"The lawn is thanks to Sudden Impact for Lawns, one bag used on the entire area" enthused Suzanne. "Fantastic result! Too good to mow. I've been lying in it! The veggie garden is thanks to Gyganic for Veggies, Fruit & Citrus and Whoflungdung. Amazing products, thank you, Neutrog" said Suzanne.*



Adelaide Hills resident Ken Niehus tried various options to improve his back lawn and its water retention (below).

*"I aerated it in January last year, but it made no real difference" said Ken. So he got chatting with Paul Dipuglia, our resident lawn expert and Neutrog Retail Representative, who suggested he apply Sudden Impact for Lawns, which he did...and what a difference it made!*



Sudden Impact for Lawns is an organic based, chemically boosted fertiliser specifically developed for new and established lawns.

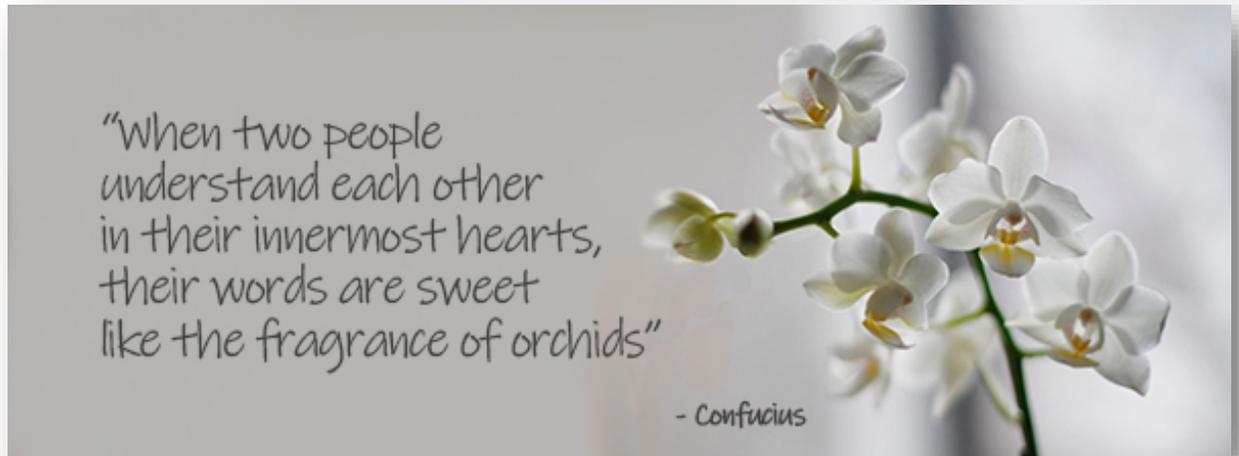
Its high nitrogen to potassium ratio, coupled with its full range of macro and micro elements, including boosted levels of iron and magnesium (the primary nutrients that play a crucial role in the formation of chlorophyll, which is the substance that makes plants green) make this product ideal for all other non-flowering plants such as bamboo, conifers, palms and ferns (including those plants grown indoors).

# Product of the Month

## Strike Back for Orchids

The orchid forms one of the largest families in the plant kingdom, with over 25,000 species worldwide. With modern scientific cultivation there are over 100,000 varieties of orchid, and the number is increasing.

Orchids have fascinated plant enthusiasts for centuries. Researchers have dated orchids from the Jurassic period to the Mesozoic era (195 to 136 million years ago) and the Cenozoic period (64 million years ago).



Top: *Dracula Simia*.  
Bottom: *Laughing Bumble Bee Orchid*

The first recorded mention of orchids dates from around 300BC by Theophrastus, a student of Aristotle. Greek medical botanist and physician Dioscorides first identified orchids in the 1st century, and in Asia, the great philosopher and statesman Confucius kept orchids in his rooms, and wrote a poem praising their fragrance (*poem above*).

Orchids continue to be incredibly popular - you only have to visit a supermarket, nursery or florist in order to purchase one, however many people struggle to get them to re-flower. As orchids are grown in an inert medium (in that there's not much nutritional value in the potting mix) fertilising is required to get them to re-flower. Strike Back for Orchids is a complete fertiliser, and no further nutrients are required.

Neutrog commenced development of Strike Back for Orchids in early 2006 through establishing trials with various commercial orchid growers and via the members of a number of orchid clubs throughout Australia. Success in these trials has resulted in Strike Back for Orchids being recommended and endorsed by the Cymbidium Orchid Clubs of SA, NSW, WA and Victoria.

Bob Dawson from Parrearra on the Sunshine Coast told us recently...*"I had an orchid that I'd planted in the garden which refused to flower a second time, and I tried nearly everything to get it to flower. I know they need to rest after flowering but this was ridiculous, so I decided there must be something out there to help my orchid, which is when I bought my first bottle of Strike Back for Orchids liquid. And weren't the results stunning! It almost immediately sprang into gear and has flowered every year since. Looking at it now, it has another four flower spikes with about five to six flowers on each one"*.

*"Everyone who comes to visit me comments on my green thumb...ha! It's really your scientifically-produced range of products that make the nutrients available to the plants rather than my green thumb"* said Bob.



Strike Back for Orchids is an organic based, chemically boosted fertiliser specifically developed to enhance the growth and flower development of orchids. It's also suitable for any flowering or fruiting plants in pots.

Combining the best of both worlds, the organic base in Strike Back for Orchids provides a full range of plant nutrients in a slow release form, whilst the carefully selected water-soluble nutrients have been added to maximise the performance of each application. The organic raw materials (manure and seaweed) are conditioned for up to 3 months utilising a unique composting process. Once composted, the water soluble nutrients are carefully blended into the organic base. Strike Back for Orchids is available liquid and pellets.

Strike Back for Orchids has an NPK ratio of approx. 8:3:10 and has added magnesium, iron, manganese, zinc, copper, boron and molybdenum to the existing range of nutrients provided by its organic base – all of which are particularly necessary when growing orchids in an inert medium.

Whilst Strike Back for Orchids can be applied throughout the year, the lower nitrogen to potassium ratio has been specifically designed to enhance the flowering process, so it should be applied at least from February to October each year, and Seamungus can be applied for the remainder of the time (November through to January). It's as simple as applying 2 teaspoons per 8 inch pot per month, with relative increases/ decreases dependent upon pot size.



A good tip to remember is to move your orchids to a sunnier position for autumn/winter and early spring on Anzac Day in late April, and move them to a protected spot for summer on Melbourne Cup Day in November.

Orchids prefer indirect sunlight, so one of the best places to keep your orchid inside is near an east-facing window. A shadehouse or sheltered verandah is also ideal.

## Year-Round Fertilising Programme

The plants in our garden are just like animals and humans - they grow best when they are well-nourished and fed regularly. Happy healthy plants don't get sick and are less likely to be affected by heat, frost, pests or diseases, which is going to make you a much happier gardener too!

Hint – if you are wanting to achieve even better results, take the quantity recommended for feeding your plants for the season, divide it into equal parts, and apply 1 part in each month of the season. It is not about applying more, but rather, applying more regularly. This way, your plants receive a continual feed of nutrients.



### Year round fertilising for year round health

Like humans and animals, plants require regular feeding throughout the year – at least once in each season. Happy, healthy, well nourished plants are more resistant to pests, diseases, heat stress and frost.



Keep an eye out for heat stress in all areas of your garden. Any stressed plants would love some help to recover, so applying products rich in seaweed and organic matter like GOGO Juice or liquid Seamungus can help improve your soil's water-holding capacity and the plant's ability to recover from stress.

Remember to water in the cool of the day – early morning is best. Deep and less frequent watering is most beneficial.

GOGO Juice is literally teeming with beneficial micro-biology and is essentially a pro-biotic for your soil and plants. It combines the “catalytic” power of providing a wide diversity of beneficial bacteria and fungi with the well documented benefits of applying kelp and humates.



## Planting – all situations

Soils are generally still warm in March, which will help any new plants to develop roots and get a good head start on winter. More importantly, the roots they develop now will be the ones they rely on when summer comes around again, so you want them to develop well.

Using 100% certified organic Seamungus, Rapid Raiser or Rooster Booster in the planting hole is recommended for any new plantings.



## General Garden & Lawn

For those who wish to use certified organic products and/or prefer to simply use one general purpose fertiliser across your entire garden, you can use Bounce Back, Rapid Raiser, Seamungus or Rooster Booster on your garden, and Blade Runner on your lawn areas.



## Flowering plants

Including roses, carnations, daisies, lavender and all other flowering plants

Now is the time feed your roses and all other flowering plants (except natives) with Sudden Impact for Roses. Watering in with GOGO Juice will encourage a faster uptake of the nutrients by the plant. Pop some around your perennials too.

Sudden Impact for Roses is ideal for all flowering plants, not just roses. The balance and ratio of nutrients combined with the very best of raw materials are the secret to its success.



## Potted flowering plants

Including orchids and any flowering plants in pots

Sprinkle some Strike Back for Orchids over any potted colour this season, as it's suitable for all potted fruiting and flowering plants, not just orchids. If you do, you'll be rewarded with cascades of colour over autumn and winter.



It's exciting when your orchids really start to perform. For the best flower spikes on your orchids, we recommend fertilising with Strike Back for Orchids two months prior to when they flower – that is, if your cymbidium orchid flowers in June, then April is the best time to start feeding. You'll have healthy growth and more flower spikes, with more flower buds per spike.

Strike Back for Orchids is available in a pellet form (used monthly) or the liquid form (used weekly).

## Acid Loving Plants

Including camellias, gardenias, rhododendrons, azaleas and blueberries

Feeding now with Kahoona will satisfy any acid-loving plants' nutritional requirements without altering the pH of your soil. Kahoona is an organic based, chemically boosted fertiliser, specifically developed to enhance the growth and flower development of acid loving plants such as camellias, gardenias, azaleas, daphne and rhododendrons. It's also great for blueberries!



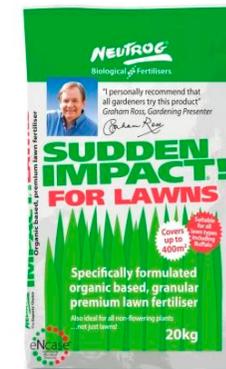
The higher potassium to nitrogen ratio within Kahoona plays a crucial role in enhancing flower development in acid loving plants, whilst the boosted levels of iron and magnesium help maintain healthy green foliage, aiding in preventing the yellowing leaves which are often seen in late winter and early spring.

## Non-flowering plants

Including lawns, hedges, bamboo, herbs, leafy green veggies and ferns

To get that beautiful lush growth which will be the envy of all, feed and water regularly. As we move into cooler weather, you can set your mower a little lower if you wish. Fertilise with Sudden Impact for Lawns and water in with GOGO Juice; sit back and wait for the compliments!

Now is a great time to fix bare patches in your lawn. Top dress the patches with Seamungus and spread lawn seed over the area. Water it in using GOGO Juice.



### Hedges:

A hedge loves a fertiliser with a higher nitrogen to potassium ratio, so Sudden Impact for Lawns is also great for hedging plants. Water in well with GOGO Juice, which will ensure you are populating your soil with beneficial bacteria. By “embracing the bugs” with GOGO Juice, you'll be making sure that the bugs eat the organic fertiliser, which will ensure an even better result.

Sudden Impact for Lawns is an organic based, chemically boosted fertiliser specifically developed for new and established lawns, along with other non-flowering plants such as palms, ferns and conifers, as well as leafy vegetables and herbs.

## Natives

Including phosphorous-sensitive natives such as grevilleas, banksias & proteas

Apply Bush Tucker to your winter flowering natives, and water in with GOGO Juice.



Winter-flowering natives include heathland plants, grevillea, hakea and wattle. They'll bring some color to your garden and the birds and bees will love them too.

## Mulching

Applying mulch to your garden at this time of the year will not only help prevent new weeds from growing and keep the soil temperature more constant, but it will also give your plants a gentle nutrient boost.

Whoflungdung is a biologically activated, nutrient rich, weed free, absorbent, super mulch. It's composted, inoculated with eNcase and filled with nutrients, so that when added to introduces a wide diversity of beneficial bacteria.

These beneficial bacteria readily proliferate through the soil, acting as a barrier/deterrent to pathogenic bacteria, providing a safe environment for healthy plant growth. Most significantly, Whoflungdung reduces, if not eliminates, the nitrogen draw-down which is often reflected in plants after mulch has been applied.

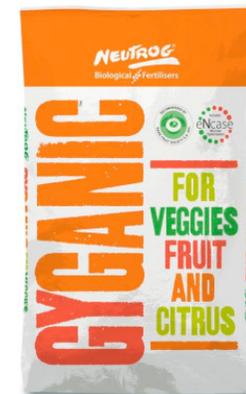


## Veggies, Fruit & Citrus

Lightly tip-prune citrus trees to encourage new growth and spread Gyganic for Veggies, Fruit and Citrus around the drip zone of the plant. Apply Gyganic again after 8 weeks.

Why not plant a citrus in a pot? You can use Gyganic on established potted plants; the application rate is a quarter of that of a ground-grown plant.

Gyganic for Veggies Fruit & Citrus is specifically developed to enhance fruit size, quality and taste. It is a premium organic based, chemically boosted complete fertiliser with the full range of nutrients in an organic form, coupled with boosted levels of nitrogen, phosphorus, potassium, iron and magnesium.



## Soil Conditioning

GOGO Juice provides a huge boost of the living microbiology necessary for your soil and plants to perform at their optimum level, increasing their ability to resist pests and disease, and to withstand heat and frost stress.

The microbiology in GOGO Juice promotes plant growth as well as stimulating and improving root growth and development.

GOGO Juice should be applied monthly to all garden and lawn areas.



**NEUTROG**  
Biological Fertilisers