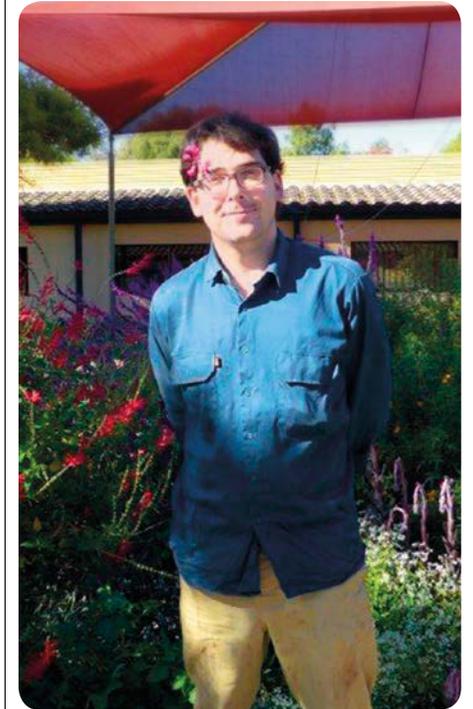
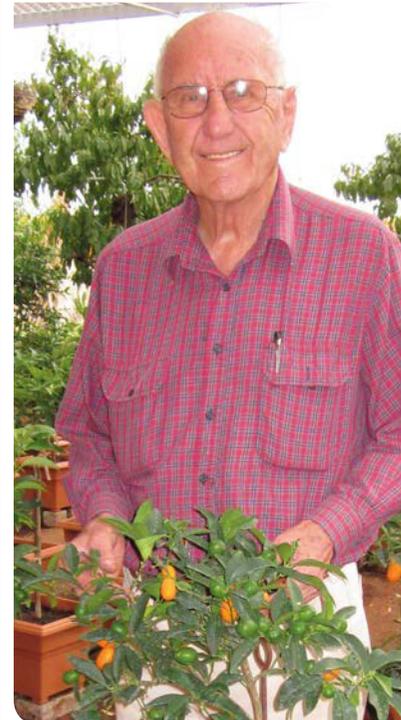


**GROWING
FRUIT TREES
IN POTS**



*Spirit
of Peace
Rose*

**Ian Tolley
makes
sense of
citrus**



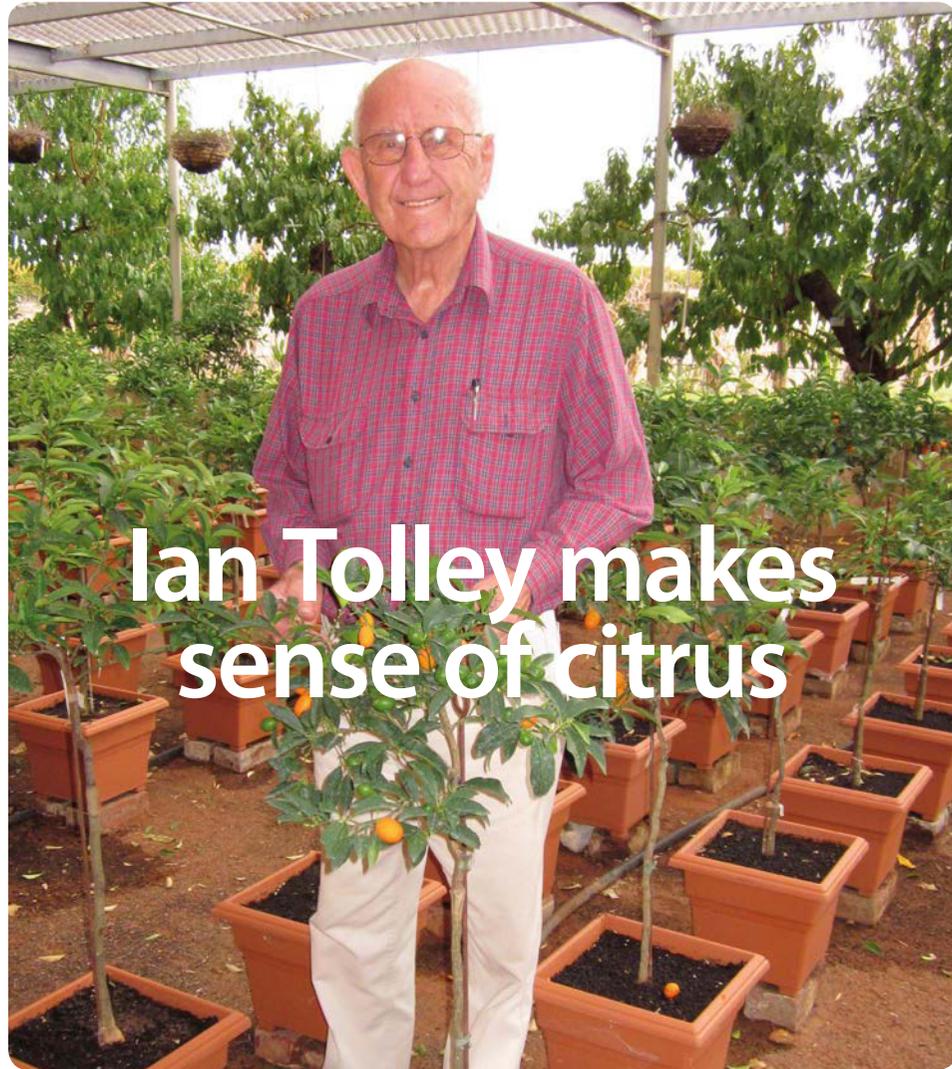
**Therapeutic
Gardening at
Hampstead**





Ian Tolley is one of the world's leading experts in citrus with over 60 years of experience. A nurseryman and specialist in nursery production technology, orchard planning and management, he is sought after as a speaker both here and overseas. Ian has worked as a consultant for the past 45 years offering individual and corporate growers Citriculture and general horticulture advice and education, along with orchard field evaluations for clients from around the world. For a number of years Ian also offered his services as Lead Consultant to UN sponsored German aid group GTZ, assisting with national planning to restructure the citrus industries of South East Asia centred in Thailand and Egypt. In 1965 Ian was awarded a Churchill Fellowship in Citriculture and in 1995 awarded an Order of Australia Medal for services to the community, horticulture and the citrus industry in particular. Ian is a Life Member of the Rare Fruit Society SA and foundation member of the International Society of Citrus Nurserymen.

The Garden Advice Helpline at the Adelaide Botanic Garden had noted that 40% of the questions were about citrus, which led to the Director's request, and writing of the first book 'Citrus for Everyone' in 1999, co-authored by Ian and Bruce Morphett, and published by the Botanic Gardens. The book sold so quickly that reprints were required to meet demand. It was later updated and re-released as 'Citrus – a Gardeners Guide'.



He is currently finalising his second and major book – 'Commonsense Citrus'. Tolley's Nursery was established in the 1940's in the Riverland, in South Australia and became the largest citrus nursery in Australia, supplying around 100,000 budded trees per year. Along with 145

acres of citrus the Tolleys grew almonds, stone and pome fruit. The property was sold for family reasons in the early 1990's. For the past two decades Ian and wife Noelle were famous for their development of the 'Kumquater', now in new local hands.

Although both in their eighties Ian and Noelle continue to manage Tolley's Nurseries, consulting, writing, running masterclasses and workshops, and producing Nagami Kumquat trees in patio size containers. They still produce high quality citrus rootstock seed for sale, a segment of the Company that began 60 years ago.

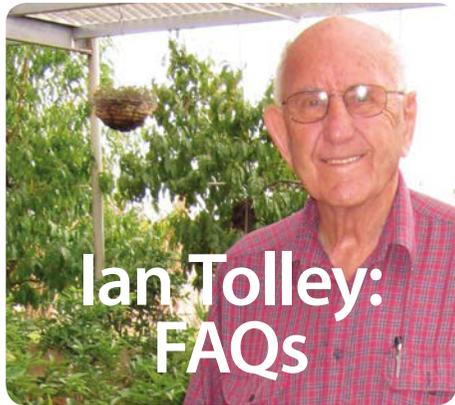
Through his association with the Rare Fruit Society, Ian trialled Rapid Raiser and then Gyganic for Fruit and Citrus prior to its release to home gardeners. He continues to use it in both nursery and Arboretum, particularly for his large citrus containers. Ian is a staunch believer in feeding and improving soil and potting media to increase nutrition uptake. Gyganic is now used for top dressing and added to potting media for container growing in the small specialised nursery, along with



Many of Ian's talks revolve around questions and answers; whether on ABC talkback radio, at Field Days or Masterclasses for the Diggers Club, there is probably no citrus question he has not been asked. **N**

See Ian's shortlist of frequently asked questions on next page.





Ian Tolley: FAQs

Q: When do I plant a citrus tree?

A: Citrus trees of all kinds are best planted in spring when the soil is warm and root development can occur immediately.

Q: Can I grow citrus in cold coastal climates?

A: Yes, in pots against a warm sunny exposed brick or stone wall, in a protected area.

Q: Is there a simple way to check when citrus trees need watering?

A: Use your fingers to test the leaves. If the feel of the leaf is cool and turgid it is ok. If it feels warm dry and limp, then water the tree.

Q: I have ants all over my lemons. Why?

A: They are foraging for honeydew exuded by scale – a common pest of citrus. Tidy and weed around the tree to remove bridges for the ants to climb on. Treat the scale with Pest Oil or Eco Oil.

Q: What can I do about my tree that is covered with sooty mould.

A: Your tree could have scale which exudes honeydew on which the sooty mould grows. Control the scale as above.

Q: My citrus tree is now too big. When can I make it smaller?

A: In early spring cut its head off to head height. Use white paint to cover all the exposed limbs to avoid early summer sunburn. New growth can be thinned out the following year.

Q: My mandarin crops every second year. What can I do about it?

A: When there is no crop for a particular year (the off-crop year) too many fruiting buds develop. Prune the tree before spring as this will reduce the high crop for the following year and allow the tree to produce a reasonable crop each year.

Q: Do I really need to prune my citrus tree?

A: Yes. Shaping trees at an early age avoids the necessity for future heavy pruning and keeps it at a manageable size for picking and spraying. Maintaining good light throughout the tree is critical to good fruit production and aeration is important because good air flow keeps the inside of the tree drier, deterring pest and disease development.

Q: I had a beautiful flowering on my citrus trees this spring, but now most of the flowers are on the ground. Will I still get a crop this year?

A: Assuming your trees are in good condition as citrus trees require only 2% of flower set to produce a good crop it is highly likely you will have enough fruit setting to give you a good crop. *N*

First published by The Diggers Club with content supplied by Ian Tolley.



Mailbox

Margaret from Bridgetown WA has an acre to care for, and posted this great photo of her clever garden trolley on Neutrog's facebook page. 

"Perfect size for my trolley. Both Seamungus and Sudden Impact fit in and then there is space for my GOGO Juice and easy to pull around the garden. Love the products, also have used Kahoona for the first time this year and am waiting patiently for my Camellia buds to open. Thanks Neutrog"

We'd love to hear of your gardening successes. Send your comments for us to share with other gardeners. Photos welcome! info@neutrog.com.au



Autumn is the perfect season to improve your lawn areas. Gardening presenter Graham Ross has been thrilled with the results of Sudden Impact for Lawns in his own yard - so much so that he is now officially recommending it! There is still plenty of time to rejuvenate your lawn this season - use the autumn rain to do the watering in for you.



"I've used Sudden Impact for Lawns on my own lawn and plants. The ratio of nitrogen and potassium is ideal for promoting growth and it has boosted levels of iron and magnesium."

Graham Ross

Read the Sudden Impact for Lawns brochure [here](#).



In development Bush Tucker

The Bush Tucker native fertiliser formula is currently being developed by renowned native expert and media personality Angus Stewart and Simon Leake, Managing Director and Principal Soil Scientist at SESL Australia.

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prev



next

Therapeutic Gardening at Hampstead

Hampstead Rehabilitation Centre is a campus of the Royal Adelaide Hospital, providing clinical rehabilitation services for people suffering from traumatic brain injury, stroke, other neurological and medical disorders, spinal cord injury, orthopaedic conditions and amputations.

The land was originally owned by Leopold Conrad, who was the wealthy owner of a chain of butcher shops. He used the land for grazing of his stock and eventually sold it to the Government in 1917. The Metropolitan Infectious Diseases Hospital was then built on site, which was designed to care for and accommodate patients suffering from polio, scarlet fever, measles and diphtheria.

Today the centre has 130 funded in-patient beds and employs around 430 people, with treatment centred on improving the quality of life and function to patients, and re-entry into the community. Part of this treatment includes spending time in the sensory gardens, which are filled with strongly scented plants such as Mint, Passionfruit Daisy, Bronze Fennel and Pineapple Sage.

“We wanted to create a space that people could be nurtured in - that you could feel and smell the plants.”

Established around four years ago and loosely based on Feng Shui principles of earth, metal, water, wood and fire, the

garden also includes rock sculptures, water features, easily accessible garden beds and bridges. There is also a Path and Mobility Garden with markers for patients to measure their walking progress.

Hampstead Rehabilitation Centre’s Team Leader of Horticulture, Dean Gaston uses social therapeutic gardening to assist the patients’ recovery. His highly successful

horticultural therapy program uses his skills as a gardener to assist people by giving them plants to care for. “A garden in a place like this is so important for people on their rehab journey. It gives them a place of activity and contact”, Dean says. “We wanted to create a space that people could be nurtured in - that you could feel and smell the plants.”



Gus recently finished his rehabilitation through the Brain Injury Unit and now is a volunteer gardener – pictured here in the Therapy Garden.

Social and therapeutic horticulture can transform lives, regardless of age or disability. It is the process of using plants and gardens to improve physical and mental health, as well as communication and thinking skills. The garden includes plants that patients can smell, see and taste. It also provides a safe and secure place to develop the patients’ ability to mix socially, make friends and learn practical skills to help them become more independent.

“That emotional wellbeing that people have when they come to a garden... that’s something to behold.”

Patients find that they feel better just by being outside and in touch with nature. The spacious garden surroundings at the Hampstead Rehabilitation Centre provide a secure, peaceful and loving environment where people can heal. Dean goes on to say “People come in and you see that inner-spark light up and their face change. That emotional wellbeing that people have when they come to a garden...that’s something to behold.”

Two former patients of the Centre volunteer their time on a regular basis, however Dean would appreciate more volunteers, as well as any donations of plants. If you would like to contribute, please phone Dean on 0402 388 949. **N**



prev



next

From The Ground Up TIP: Growing fruit trees in pots

If you are short of room in your garden, consider growing fruit trees in pots.

Many fruit trees can be successfully grown in large pots for many years. It ensures that they have good drainage, however be sure to use a good potting medium, and never leave a saucer under the pot as this can cause root rot. Like all fruit trees, those grown in pots need full sun, along with regular feeding and watering. Use a quality fruit and vegetable fertiliser such as *Rocket Fuel* or *Gyganic for Fruit and Citrus*. Bear in mind that potted plants dry out more rapidly than plants in the ground, so be prepared to water often in the hot weather, and always mulch the top of the pot.



More Productive Plants for Pots

Feature pots:

lemon grass, artichokes, massed parsley

Scented hanging baskets:

for shady areas – mints and lemon balm;
for sunny areas – prostrate rosemary, thymes, scented geraniums, oregano

BBQ pots: rosemary to throw on the BBQ after cooking, thymes, parsley, oregano

Practical pots for a courtyard garden:

a mixture of salad herbs and soft leaf herbs, such as basil, parsley and coriander

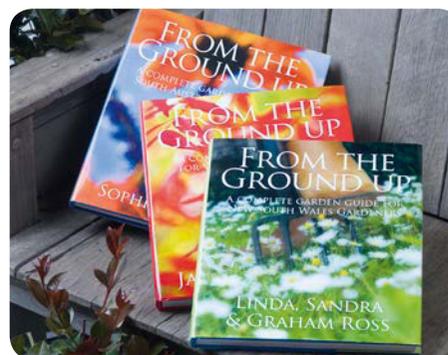
Fruit & Veg that work well in pots:

strawberries, tomatoes (especially cherry and pear varieties), capsicum, eggplant, cucumbers, spinach

Basics of growing a great pot plant

- Choose an appropriate plant variety
- Selecting a suitable pot size
- Use premium Potting mix
- Mulch

- Feeding at least once a season following a year-round fertilising program, although if the plant you choose has a long flowering period you may want to increase this to once every six weeks during growing season. Slow release pelletised organic-based fertiliser is ideal for pot plants.
- Watering daily in hot weather and possibly twice a day if the weather is really scorching. The exceptions are cacti and succulents, many of such can survive with far less watering. *N*



Online Store

[Click here](#)

Try our Fruit Lovers sample pack.

Apply Gyganic Fruit and Citrus now and water in with GOGO Juice. Use Seamungus as a health tonic and for winter feeding. Available at the online store.



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next

Introducing ... Rare Fruit Society of South Australia

The Rare Fruit Society SA Inc. was established in 1975 and the objective of the group is "The development and promotion of interest in, and understanding of the propagation, preservation and cultivation of rare and unusual food trees and plants."



Members grow fruits and edible plants from all four corners of the globe, meet regularly to share information and experiences, and boast a number of nationally and internationally acclaimed fruit and citrus 'experts' in their membership.

There are a large collection of rare and heritage variety fruit trees grown by members and the group has established a fruit tree orchard at Kangarilla providing propagating material for both common and scarce fruit cultivars. Field trips are organised to research stations and fruit properties of interest and meetings include guest speakers. Local advice is on hand from more experienced members and the society also boasts an extensive library. Members have opportunities to learn new skills including grafting, bud and propagation workshops. Coming up in July, deciduous fruit grafting technique sessions will be on offer, with rootstocks, budwood and cuttings available.

To find out more about Rare Fruit Society SA visit their website www.rarefruit-sa.org.au

Spotlight on Gyganic

Gyganic for Fruit and Citrus has been specifically developed to enhance fruit size, quality and taste.

Gyganic for Fruit and Citrus is a premium organic based, chemically boosted complete fertiliser with the full range of nutrients in an organic form, coupled with boosted levels of Nitrogen (N), Phosphorus (P), Potassium (K), Iron (Fe) and Magnesium (Mg).

Gyganic's unique organic base of manure, humates and rock phosphate have been composted and blended with the biologically active GOGO Juice containing kelp and seaweed – producing a very nutritious organic base product high in organic carbon.

Following extensive trials by members, Gyganic for Fruit and Citrus is recommended by the Rare Fruit Society SA. This endorsement provides gardeners with the confidence to use and recommend Gyganic.

For more information see the Gyganic for Fruit and Citrus [brochure](#)



17th World Federation of Rose Societies Convention

Hundreds of Rose Lovers from 40 countries are planning to attend the 17th World Federation of Rose Societies Convention being held in Lyon, France next month. Conferences, workshops and specialist garden visits are planned from May 26 – June 1. Held every three years the convention has been hosted by Japan (2006), Canada (2009) and most recently South Africa (2012). Lyon is considered by many as the "birthplace of the modern rose". Over 3,000 varieties of roses have been created in Lyon, and the surrounding areas feature numerous parks and gardens where the rose is queen.



The SA Hiking Challenge 2015

A Neutrog staff team are getting themselves into shape to face a huge challenge next month supporting the work of the Jodi Lee Foundation.

Australia has one of the highest rates of bowel cancer in the world and, while 90% of cases can be prevented or successfully treated if detected early, it remains the second most common cause of cancer related death. The Jodi Lee Foundation helps to raise awareness of the issue and educate people about the importance of bowel screening for early detection.

The Foundation also runs initiatives and events across the country to increase awareness and raise funds. One of these is the SA Hiking Challenge taking place on the 22nd and 23rd May along a section of The Heysen Trail in South Australia's mid north. Starting at Peters Hill, north of Kapunda the hike will cover approximately 80 kms over two days, finishing at Worlds End near the mining town of Burra.

The Neutrog Team have been in training and are soon to be fitted with their Hiking Challenge signature 'little black tutus'! We would love others to get on board and sponsor 'Team Neutrog' for the event. [Click here](#) to donate, or to read more about the Jodi Lee Foundation and Bowel Cancer prevention and screening visit the website www.jodileefoundation.org.au

THE
JODI LEE FOUNDATION
THE EARLY DETECTION OF BOWEL CANCER SAVES LIVES

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Spirit of Peace Rose



The Rose Society of South Australia has chosen the Spirit of Peace as their 'Rose of the Month' for April. This month of course coincides

with the 100th Anniversary of the ANZAC landing at Gallipoli, so to select a rose associated with peace following war is quite appropriate.

'Spirit of Peace' was released by Meiland International of France in 1995, to celebrate the 50th Anniversary of the release of the famous Peace rose and mark the anniversary of the end of WWII. Remarkably South Australia was chosen as the location to release this beautiful rose to the world.

Spirit of Peace is a tall Hybrid Tea rose growing up to 2 metres with attractive bright green healthy foliage. It seems to

always have large, high-centred, classic shaped flowers which are an unusual light apricot pink to buff colour on lovely long straight stems. The flowers exude a gorgeous spiced honey fragrance and are adored by flower arrangers and home gardeners alike.

Very free flowering, a mature plant may carry up to 60 blooms each flush and it flowers freely and frequently throughout the growing season.

This immensely popular, almost thornless rose, is very worthy of a place in every rose lover's garden.

For more information on the 'Rose of the Month' visit the Rose Society of SA website www.sarose.org.au 

Did you miss the article on the new roses released for the Gallipoli Centenary celebrations? If so [read it here.](#)

prev

start



Year round fertilising for year round health

Like humans and animals, plants require regular feeding throughout the year – at least once in each season. Happy, healthy, well nourished plants are more resistant to pests, diseases, heat stress and frost.



Join the Pooh Bah Club. Become a member of Neutrog's Pooh Bah Club to receive regular updates on Neutrog, its products and their applications. To join register your email address at www.neutrog.com.au



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